



OPERATING PROCEDURE No. 38

Issue 1 April 2025

RYA TRAINING

Purpose

Dart Sailability is a Royal Yachting Association (RYA) Recognised Training Centre authorised to run various training courses and issue internationally recognised RYA Certificates of competence. This Procedure defines how RYA Training Courses will be arranged and managed

General

The RYA Training Courses that Dart Sailability are authorised to run are listed on the annual accreditation certificate displayed in the club house. They will include basic Keel Boat and Powerboat course and RYA First Aid. Other courses may be added as needed and agreed by RYA.

For 2025 Dart Sailability are certified to run the following RYA Courses:

- Dinghy Level 1 – Start Sailing
- Dinghy Level 2 – Basic Skills
- Keelboat Level 1 -Start Sailing
- Keelboat Level 2 Basic Skills
- Level 1 Start Powerboating
- Level 2 Powerboat Handling
- Safety Boat
- First Aid

- Sailability
- Powerability

All RYA Courses shall be run in accordance with RYA Policy and Guidance which is available on the RYA Website and RYA Publications.

All RYA Courses shall be conducted by RYA Instructors certified to run such courses.

Adaption for Sailors with Disabilities

In addition to the Sailability and PowerAbility training, standard RYA courses can be adapted to accommodate Sailors with disabilities. Certificates can be annotated to identify assistance required by the Sailor. The relevant Chief Instructor will be responsible for determining how the training should be adapted and how the certificate will be annotated. They will consult RYA to agree the approach.

Other Courses

Dart Sailability will also organise Keel Boat and Powerboat Instructor Courses to meet demand from members. These courses will be run by external RYA approved Coaches.

Organising Courses

Courses will be organised to meet demand. They will be organised by the relevant Chief Instructor who will appoint a Lead Instructor for the Course.

The Chief Instructor or Lead Instructor will:

- Identify dates for the course recognising required course length and tidal limitations. We normally require 3 days to conduct a 16 hour course in order to allow sufficient time afloat if all operations are from Galmpton.
- Issue Course Invite to members and collate numbers. Invite to include; programme, clothing etc requirements, any preparation required, request for notification of any relevant medical conditions.
- Obtain and distribute RYA Course material, including certificates. Dart Sailability has an account with RYA.
- Advertise courses to local clubs and RYA Region if there are spare spaces available.
- Arrange for issue and registration of certificates through RYA.
- Gather feedback from Students and Instructors to help improve future training

Conduct of Sailing Courses

- All Sailing Course shall be overseen by a Senior Instructor who shall be on site, if not Instructing or providing Safety Boat Support
- At least one Support Boat or Safety Boat shall be afloat in the area during all courses. This may be used by the Instructor
- Instructor to Student Ratios shall be at least:
 - 1:3 for Equaliser and Kanata
 - 1:2 for Oscar
 - 1 instructor for 3 Hansa 303s and Hansa LibertysRatios may need to be varied to recognise the particular support needs of Sailors

Conduct of Powerboat Courses

- All Powerboat Course shall be run by an RYA Powerboat Instructor approved by the Chief Powerboat Instructor
- Instructor to Student Ratios shall be at least 1:3
Ratios may need to be varied to recognise the particular support needs of Sailors
Conduct of Sailability and PowerAbility Training

Sailability and PowerAbility training will be arranged by the relevant Chief Instructor to meet the demands of individual Sailors or their carers. On days when the Sailor is attending, the Chief Instructor will liaise with the OOD to allocate an Instructor and will ensure that the Instructor is aware of the students progress.

After each session the Instructor will annotate the Sailor's log book to record achievements and report to the Chief Instructor.

When a Sailor has met the requirements for an award, the Chief Instructor will advise the Principal and arrangements will be made for an award ceremony.

Boats

All Dart Sailability boats are equipped to RYA requirements and are inspected as part of the annual RYA RTC Inspection.

For Dinghy Courses students or instructors will provide boats. The Senior Instructor responsible for the course will be responsible for checking that boats are fully and correctly rigged and equipped in accordance with RYA check lists.

Hansas can be used for Dinghy Course for students with limited mobility. Course will not include trim and balance and centreboard or capsize recovery. Any certificate will carry appropriate caveats.

For Keel Boat Courses Equaliser (Hawk 20), Kanata (Drascombe Longboat) and Oscar (RS Venture) can be used. However, Kanata and Oscar do not have standard tiller so students will need to rotate between boats in order to practice tacking and gybing with a tiller. Equaliser is also the only boat equipped with winches. All boats are equipped to allow non ambulant students to participate.

For Powerboat Courses ARC, Support 1,2 and 3, and Safety can be used. NAB is not suitable for Level 1 and 2 Courses because the throttle is positioned so that instructor cannot reach it. ARC and Support 2 are equipped to allow non ambulant students to participate.